



**School Information:**  
 Apple Creek Elementary  
 2000 93<sup>rd</sup> Street SE  
 Bismarck, ND 58504



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

### MONDAY

**School Closed**

### TUESDAY

**2**

Baked Honey Mustard  
 Chicken  
 Rice Pilaf  
 Corn  
 1/2 Apple

### WEDNESDAY

**4**

Taco on a Plate  
 Green Beans  
 Grapes

### THURSDAY

**5**

Bacon Mac & Cheese  
 Broccoli w/dip  
 Pears

### FRIDAY

**6**

Cheese/Pepperoni Pizza  
 Salad  
 Grapes  
 Cookie

**9**

Cowboy Veggie Soup  
 Ham & Cheese Wraps  
 Baby Carrots w/dip  
 Orange

**10**

Chicken Pot Pie Hotdish  
 Green Beans  
 Peaches

**11**

Meatloaf w/mashed potato  
 Corn  
 Apple Sauce

**12**

Cheesy Ground Beef Pasta  
 Roasted Carrots  
 Grapes

**13**

Cheese/Pepperoni Pizza  
 Salad  
 Pears

**16**

**No School**

**17**

Chicken Patty on a bun  
 Seasoned Rice  
 Baby carrots  
 Orange

**18**

Mini Corn Dogs  
 Waffle Fries  
 Baked Beans  
 Celery Sticks  
 Peaches

**19**

Tatertot Hotdish  
 Green Beans  
 Dinner Roll  
 Pears

**20**

Cheese/Pepperoni Pizza  
 Salad  
 Grapes

**23**

Tomato Soup  
 Grilled Cheese Sandwiches  
 Broc/Cauli w/dip  
 Grapes

**24**

Fiesta Chicken Pasta  
 Steamed Broccoli  
 Pears

**25**

French Toast Sticks  
 Scrambled Eggs  
 Sausage Links  
 Peaches

**26**

Swedish Meatballs w/noodle  
 Corn  
 Orange

**27**

Cheese/Pepperoni Pizza  
 Salad  
 1/2 Apple  
 Cookie

**30**

Chicken Noodle Soup  
 Turkey & Cheese Sandwich  
 Baby Carrots w/dip  
 Orange

**31**

Chicken Tenders  
 French Fries  
 Corn  
 1/2 Apple

