

DECEMBER 2024

LUNCH



School Information:
Apple Creek Elementary
2000 93rd Street SE
Bismarck, ND 58504



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains. Reference: USDA MyPlate



MONDAY

Chicken Noodle Soup
Ham & Cheese
Sandwich
Baby Carrots w/dip
Grapes

2

TUESDAY

Cheesy Chicken Pasta
California Blend
Oranges

3

WEDNESDAY

Sloppy Joes on bun
Tater Tots
Corn
Peaches

4

THURSDAY

Cavatini
Green Beans
Bread Sticks
Pears

5

FRIDAY

Cheese/Pepperoni
Pizza
Potato Salad
½ Apple
Cookie

6

Zuppa Toscano Soup
Turkey & Cheese Wraps
Celery Sticks w/dip
Fruit Cocktail

9

Chicken Noodle
Casserole
Green Beans
Peaches

10

Mini Corn Dogs
French Fries
Baked Beans
Oranges

11

BBQ Bacon
Cheeseburger Casserole
Corn
½ Apple

12

Ham/Sausage Egg
Bakes
Caramel Rolls
½ Banana

13

Tomato Soup
Grilled Cheese Sandwich
Broccoli w/dip
Pears

16

Chicken & Stuffing
Casserole
Roasted Carrots
Fruit Cocktail

17

Taco on a Plate
Fiesta Corn
½ Apple

18

Meatballs & Mashed
Potatoes
Gravy
Green Beans
Oranges

19

Cheese/Pepperoni
Pizza
Garden Salad
Grapes

Special Treat

20

No School

23

No School

24

No School

25

No School

26

No School

27

No School

30

No School

31

