

MARCH 2025

LUNCH



School Information:
Apple Creek Elementary
2000 93rd Street SE
Bismarck, ND
58501



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate



MONDAY

Tomato Soup
Grilled Cheese Sandwich
Baby Carrots w/dip
Grapes

3

TUESDAY

Chicken Pot Pie
California Blend
Pears

4

WEDNESDAY

Hotdog on Bun
Baked Beans
Tater Tots
½ Apple

5

THURSDAY

Meatballs w/Mashed
Potatoes
Corn
Peaches

6

FRIDAY

Pepperoni/Cheese Pizza
Potato Salad
Oranges

Special Treat

7

Chicken Noodle Soup
Ham & Cheese Wraps
Celery Sticks w/dip

10

Chicken & Rice Hotdish
Green Beans
Oranges

11

Sloppy Joes on Bun
Potato Wedges
Baby Carrots w/dip
½ Apple

12

French Onion Casserole
Corn
Pears

13

No School

14

No School

17

Cheesy Chicken Pasta
California Blend
Fruit Cocktail

18

Taco on a Plate
Fiesta Corn
Grapes

19

Scalloped Ham & Potatoes
Green Beans
Peaches

20

Pepperoni/Cheese Pizza
Garden Salad
½ Apple

Special Treat

21

Cowboy Veggie Soup
Turkey & Cheese
Sandwich
Baby Carrots w/dip
Pears

24

Fiesta Chicken Pasta
Steamed Broccoli
Oranges

25

Mini Corn Dogs
Waffle Fries
Celery Sticks w/dip
½ Apple

26

Cowboy Rice Casserole
California Blend
Fruit Cocktail

27

Ham & Sausage Egg
Bakes
Caramel Rolls
½ Banana

28

Zuppa Toscana Soup
Bologna Wraps
Broccoli w/dip
Peaches

31

