MARCH 2025





School Information:

Apple Creek Elementary 2000 93rd Street SE Bismarck, ND 58501



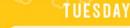
March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.



References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAÝ

Tomato Soup Grilled Cheese Sandwich Baby Carrots w/dip Grapes



Chicken Pot Pie California Blend Pears WEDNESDAY

Hotdog on Bun

Baked Beans Tater Tots ½ Apple THURSDAY

Meatballs w/Mashed Potatoes Corn

5

Pepperoni/Cheese Pizza Potato Salad Oranges

FRIDAY

Special Treat

Chicken Noodle Soup Ham & Cheese Wraps Celery Sticks w/dip Chicken & Rice Hotdish Green Beans Oranges Sloppy Joes on Bun Potato Wedges Baby Carrots w/dip ½ Apple French Onion Casserole
Corn
Pears

13 N

No School

14

No School

Cheesy Chicken Pasta California Blend Fruit Cocktail Taco on a Plate Fiesta Corn Grapes Scalloped Ham & Potatoes Green Beans Peaches Pepperoni/Cheese Pizza Garden Salad ½ Apple

Special Treat

Cowboy Veggie Soup Turkey & Cheese Sandwich Baby Carrots w/dip Pears Fiesta Chicken Pasta Steamed Broccoli Oranges Mini Corn Dogs Waffle Fries Celery Sticks w/dip ½ Apple Cowboy Rice Casserole
California Blend
Fruit Cocktail

Ham & Sausage Egg Bakes Caramel Rolls ½ Banana

28

21

Zuppa Toscano Soup Bologna Wraps Broccoli w/dip Peaches 31

24

10

