



December is National Pear Month. Pears are a top fruit source of fiber, especially when the skin is included. They also provide vitamin C and potassium. Add chopped pears to salads, parfaits, or baked goods like muffins



LUNCH

MONDAY

Corn Chowder Soup
Ham & Cheese Sandwich
Baby Carrots w/dip
½ Apple

01

TUESDAY

Chicken Tenders
Rice Pilaf
Corn
Grapes

02

WEDNESDAY

Mini Corn Dogs
Baked Beans
Waffle Fries
Celery Sticks w/dip
Peaches

03

THURSDAY

French Onion Casserole
Green Beans
Dinner Roll
Fruit Cocktail

04

FRIDAY

Pepperoni/Cheese Pizza
Coleslaw
Grapes
Cookie

05

Knoephla Soup
Chicken Salad Wraps
Celery Sticks w/dip
Pears

08

Fiesta Chicken Pasta
Steamed Broccoli
Peaches

09

Hot Dog on a Bun
Kraft Mac & Cheese
Baby Carrots
Grapes

10

Cavatini
Corn
Bread Sticks
Oranges

11

Ham & Sausage Egg Bake
Caramel Rolls
½ Banana

12

Cowboy Veggie Soup
Bologna & Cheese Wraps
Baby Carrots w/dip
½ Apple

15

Chicken & Stuffing Casserole
Corn
Fruit Cocktail

16

Taco on a plate
Fiesta Corn
Grapes

17

Lasagna Casserole
Green Beans
Bread Sticks
Pears

18

Pepperoni/Cheese Pizza
Potato Salad
Oranges
Special Treat

19

No School

22

No School

23

No School

24

No School

25

No School

26

No School

29

No School

30

No School

31



School Information:
Type your school information here.

DECEMBER 2025