



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right



LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chicken Noodle Soup
Ham & Cheese Sandwich
Broccoli w/dip
½ Apple

05

BBQ Chicken Ranch Pasta
California Blend Veg
Oranges

06

Sloppy Joes on Bun
Potato Wedges
Grapes

07

No School

01

No School

02

Tater Tot Hotdish
Green Beans
Dinner Roll
Peaches

08

Pepperoni/Cheese Pizza
Potato Salad
Fruit Cocktail
Cookie

09

Corn Chowder Soup
Bologna & Cheese Wraps
Celery Sticks w/dip
Pears

12

Chicken Patty on Bun
Tater tots
Carrot Sticks
½ Apple

13

Bacon Cheeseburger
Stromboli
Coleslaw
Peaches

14

Cavatini
Cali Blend Veg
Breadsticks
Oranges

15

Ham & Sausage Eggbake
French Toast Sticks
½ Banana

16

No School

19

Chicken & Rice Casserole
Steamed Broccoli
Fruit Cocktail

20

Mini Corn Dogs
Kraft Mac & Cheese
Baby Carrots w/dip
Pears

21

Meatballs/Mashed Potatoes
Gravy
Corn
Oranges

22

Pepperoni/Cheese Pizza
Coleslaw
Grapes
Brownies

23

Tuscan Zuppa Soup
Ham & Cheese Wraps
Carrots w/dip
Peaches

26

Cheesy Chicken Pasta
Cali Blend Veg
½ Apple

27

Taco on a Plate
Fiesta Corn
Grapes

28

Bacon Mac & Cheese
Green Beans
Fruit Cocktail

29

Ham & Sausage Eggbake
Muffin
½ Banana

Special Treat

30



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